

## II YEAR I Semester

**ME3L3 PERSONALITY DEVELOPMENT COURSE Credits:-**  
**Lecture:- Internal assessment:**  
**Practice: -1 period/week Semester end examination:**

---

### **Course Objectives:**

- To introduce fundamentals of various aspects of personality traits.
- To offer adequate exposure to the basic aspects which mould the personality
- To enable the students to develop humble nature.

### **Course outcomes:**

Upon the completion of this course the student will be able to:

1. Demonstrate Leadership skills
2. Demonstrate Non verbal skills
3. Exhibit Team culture
4. Exhibit Managerial qualities and communication skills

**Pre- Requisite:** English

### **I Personality:**

1. Grooming one's personality
2. Different personality types.

### **II Leadership Qualities**

1. Communication skills
2. Attitude
3. Empathy
4. Adaptability
5. Conflict Resolution

### **III Soft skills at workplace**

1. Time management
2. Planning & organization
- 4 Team work
5. Assertiveness

### **IV Body Language**

1. Aggressiveness
2. Submissiveness
3. Attentiveness

4. Nervousness
- 5 Defensiveness
6. Handshake

### **Learning Resources**

#### **Text Book:**

Personality development & soft skills, by Barun K.Mithra, Oxford

#### **Reference Books:**

1. Personal & emotional competence, by V.Bhaskara Rao, "", B.S.P
2. Step by step, by Niruparani.K, Jayasree mohanraj, "", Pearson.